**PE Intent, Implementation and Impact**

**Intent**

Sacred Heart Catholic Primary School recognises the value of Physical Education (P.E) in our pupil’s

development. We fully adhere to the aims of the national curriculum for physical education. Our P.E curriculum is taught so that the children:

* Have fun and experience success in sport and physical activity.
* Experience a variety of physical activities.
* Have the opportunity to participate in P.E at their own level of development
* Secure and build on a range of skills
* Develop good sporting attitudes
* Understand basic rules
* Experience positive competition
* Learn in a safe environment
* Have a foundation for lifelong physical activity, leaving primary school as physically active.

**Implementation**

PE is taught at Sacred Heart Catholic Primary School as separate lessons by a specialised Physical Education teacher. Each Class from Years 1 to 6 have two time tabled sessions per week. Reception receive one session per week. We also encourage cross-curricular links and the use of PA breaks in lessons in order to limit the time children are inactive.

Funding

Schools receive PE and sport premium funding based on the number of pupils in years 1 to 6. This funding must be used to make additional and sustainable improvements to the quality of PE and sport we offer. We use the premium to:

* Develop or add to the PE and sport activities that we already offer;
* Build capacity and capability within the school to ensure that improvements made now will benefit pupils joining the school in future years.

There are 5 key indicators that we should expect to see improvement across: the engagement of all pupils in regular physical activity - the Chief Medical Officer guidelines recommend that all children and young people aged 5 to 18 engage in at least 60 minutes of physical activity a day, of which 30 minutes should be in school;

* The profile of PE and sport is raised across the school as a tool for whole-school improvement;
* Increased confidence, knowledge and skills of all staff in teaching PE and sport;
* Broader experience of a range of sports and activities offered to all pupils;
* Increased participation in competitive sport.

As part of the funding criteria we are required to publish details (on our website) of how we plan to spend the monies and a review of the impact on pupil outcomes.

Curriculum

The areas of physical activity (games, gymnastics, dance, athletics, swimming and outdoor activities) are set out in the Foundation Stage Curriculum and National Curriculum 2014. The PE curriculum at Sacred Heart is based on these requirements.

Sacred Heart have adopted Merton School Sports Partnership’s scheme of work for the teaching of skills in PE. Each year group will learn PE in accordance with the long term planning. This will ensure continuity and progression through school in order to continue to improve standards in PE.

Planning

Planning for PE is initially shown in long term plans, which incorporates PE Resources Bank themes. Lesson plans (annotated from the schemes of work) show more detailed learning objectives and differentiated activities. High-quality lessons should include:

* A statement of the learning objective
* A whole class risk assessment
* Teaching the children to warm up safely
* The teaching of skills and techniques
* The application and adaptation of learnt skills in games activities
* Modelling of correct technique
* Use of correct and specific technical vocabulary
* Performance and evaluation of each other’s work
* Work which reflects the learning objective
* Teaching the children to cool down safely
* Teaching the children the impact PE has on their bodies

Monitoring and Evaluation

Summative and formative assessment in PE is carried out by teachers:

* Informally during the course of teaching through observation
* At the end of each unit of work teachers to complete pupil assessments in order to update the children’s
* attainment and progress in that area of PE.
* These are used to assist in reporting to the parents and passed on to the following class teacher
* To inform future planning

Inclusion

In accordance with the school’s Inclusion Policy, PE activities are differentiated to meet the needs of each pupil. More able and talented pupils and children with Special Educational Needs and Disability will be identified through a range of activities. Their needs will be met through the development of individual or group programmes that encompass a range of learning styles and are designed to enrich the curriculum.

Equality

Teachers will ensure that all pupils have fair access to the PE curriculum, regardless of gender, race, or ability, in accordance with the school’s Equality Policy.

Resources

All teachers have access to centrally stored PE resources. Resources are kept in the indoor storage cupboard in the Hall. All PE resources are checked regularly to ensure that they meet health and safety requirements.

**Impact**

We help motivate children to participate in a variety of sports through quality teaching that is engaging and fun. From our lessons, our children learn to take responsibility for their own health and fitness, many of whom also enjoy the success of competitive sports. We equip our children with the necessary skills and a love for sport. They will hopefully grow up to live happy and healthy lives utilising the skills and knowledge acquired through PE.

2018/2019

* Achieved Gold Merton School Sports Mark
* Achieved Gold in the National School Games Mark
* 13 different sports clubs offered
* 113 children attended sports clubs
* 32 teams attended inter-school competitions
* 103 children competing in competitions
* 1 member of staff attended PE CPD

2019/2020

* Achieved Gold Merton School Sports Mark
* Achieved Gold in the National School Games Mark
* Applied for Bronze Healthy Schools Award
* Reception receiving PE lessons 1 x 1hr per week
* 15 different sports clubs offered (projected including summer)
* 94 children in clubs (Up to summer)
* 40 teams attended inter – school competitions (projected including summer)
* Fit-fence and Taekwondo taster sessions
* 5 members of staff enrolled in PE CPD
* All staff in PE Ted Talk
* Online Physical Activity curriculum created, implemented and updated due to Covid -19.